



ASCIP

Safety Spotlight

Drive to Save Lives! A Guide to Defensive Driving

Plan & Prepare - Plan your route, check for leaks underneath your vehicle, use a tire gauge for inflation pressure check, and adjust seats and mirrors.

A Defensive Attitude - Always stay calm behind the wheel. Do not let the bad habits of other drivers negatively affect you. Learn how to control your emotions and keep your cool.

Never Tailgate - Follow the three second rule.

Put it In Park - Use your parking/emergency brake each and every time you park your car. Always remember to shift to park before exiting your vehicle.

Driven to Distractions - Do not use your vehicle as a portable office. Avoid texting, eating, reading, wearing headphones, and writing while driving.

Never Drive Under the Influence - Always assign a designated driver, or call a cab if you have consumed alcohol or drugs (including any medications).

Always Wear Your Seat Belt!

This Safety Spotlight brought to you by

**ALLIANCE OF SCHOOLS FOR
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