

PROPER FOOD HANDLING

Avoid Contamination

- Do not come to work if you are experiencing persistent coughing, sneezing, or suffering from an illness.
- Wash hands often when handling food. Use soap and warm water, vigorously rubbing lathered hands and arms for at <u>least 10 to 15 seconds</u>. Rinse with clean running water followed by drying of cleaned hands (use paper towels or hand dryer).
- Do not wear rubber or latex gloves when handling food. Only sanitary gloves intended for food service should be provided and used. Wash hands and change gloves frequently.

Prevent Food Poisoning

- Thoroughly clean and sanitize all food contact surfaces often and when required.
- Keep cold food cold and hot food hot. Cold food must be held at or below 41 °F and hot food must be held at or above 135 °F.

Storage and Pest Control

- Do not store food on floor.
- Store cleaning materials separately from food and clean dishware.

Personal Safety

- Use pot holders or oven mitts when handling hot pans.
- Open pots and lids away from the face and body.
- Provide first-aid and fire safety equipment.



This Safety Spotlight brought to you by

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